



SPECIALIZED NUTRITION  
SOLUTIONS

# Instant powder mix drink for optimum recovery post exercise



IDEAL  
SOURCE OF  
CARBS

OPTIMISED  
GLYCOGEN  
RESYNTHESIS

CARBS/  
PROTEIN  
SYNERGY

Only for reference, a real product could be seen different.

**Glucidex**  
dried glucose syrup

**Nutralys**  
VEGETABLE PROTEINS  
Trusted • Competitive • Unique

  
**ROQUETTE**  
Offering the best of nature™



**SPECIALIZED NUTRITION SOLUTIONS**

# Instant powder mix drink for optimum recovery post exercise

## KEY FACTS

### GLUCIDEX® range of maltodextrins & dried glucose syrups

A full range of carbs to provide healthy & efficient energy to fuel active lifestyles

- From non GM corn

### NUTRALYS® pea protein

Clean & nutritious plant proteins for specific needs, the easy way

- Non-GMO pea protein

## THE RECIPE (HIGH-CARB PROTEIN POWDER)

### LIST OF INGREDIENTS (Detailed recipe: LPNUSPO 006)

- Skimmed milk powder
- Sucrose
- **GLUCIDEX® 47, dried glucose syrup**
- Cocoa powder
- **NUTRALYS® S85XF, pea protein**
- **NUTRALYS® W, hydrolyzed wheat protein**
- Whey protein concentrate
- **PREGEFLO® C100, instant maize starch**

## GLUCIDEX® Dried Glucose Syrup & NUTRALYS® Pea protein KEY BENEFITS IN AN INSTANT POWDER MIX DRINK

	NUTRALYS® S85XF, pea protein	NUTRALYS® W Soluble wheat protein	GLUCIDEX® 47 Dried Glucose Syrup
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• Highly purified plant-based proteins (84% from pea / 88% from wheat on D.S.)</li> <li>• Good source of arginine, BCAA and glutamic acid</li> <li>• Easily digested proteins</li> <li>• Complementary digestion kinetics: intermediate-fast pea protein and fast hydrolyzed wheat protein.</li> </ul>		<ul style="list-style-type: none"> <li>• Source of nutritive carbohydrates</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Very fine particle size</li> <li>• Good powder dispersibility in cold water</li> </ul>		<ul style="list-style-type: none"> <li>• Low viscosity</li> <li>• Easy to handle powder</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Optimized sensory profile</li> </ul>		<ul style="list-style-type: none"> <li>• Sweet taste</li> </ul>

## SUGGESTED CLAIMS\* (EUROPE)

- High protein<sup>(\*\*)</sup>

*\*Information based on EU regulations. Subject to applicable local laws and regulations.*

*(\*\*) More than 20% of the energy value provided by protein*

## NUTRITION FACTS

**SERVING SIZE: 50g powder**

**(to be reconstituted with 250mL water)**

Calories	<b>Protein</b>	<b>Carb</b>	Fiber	Fat
190kcal	<b>10.0g</b>	<b>33.8g</b>	1.2g	1.0g
		<b>Of which sugars: 26.4g</b>		

This informative and technical document is provided for Food Business Operators or Health Care professionals, including prospective customers for ROQUETTE and not intended to be delivered as such to final consumers. Legal, regulatory, policies and requirements are subject to change and jurisdictional variation. GLUCIDEX® standard grades are not suitable for dry mix infant formulae preparation.

**NUTRITIONAL & TECHNOLOGICAL  
FOOD SOLUTIONS**  
[www.roquette.com](http://www.roquette.com)

  
**ROQUETTE**  
Offering the best of nature™